

In resonance with Nature

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About me



- * A passionate advocate of environmental and social justice
- * Involved in the Nature Aware Project funded by Scottish Government's Climate Engagement Fund
 - * Helping 15 autistic individuals turn their love of nature into nature positive climate action and bring their voices into the climate conversation
- * My project is a blog on Nature Connection - <https://alishidrati.wordpress.com/>

Autistic Resonance with Nature

- * Part of the larger family of Creation/Nature
- * Nature allows us to be our authentic selves
- * Child-like innocence and wonder to our interactions with nature
- * Able to see patterns/systems in nature

Objectification

- * Nature being objectified/'othered' and exploited
 - * With devastating consequences - environmental catastrophe
- * Similarly with autistic and ethnic minority communities
- * The capitalistic mindset of usefulness and contribution
 - * Not useful = burden
- * The need to change that mindset to one where
 - * Each and every creation has an inherent purpose and potential
 - * Society needs to be places where those potentials can be realised and the purpose fulfilled

A flourishing society

- * One where nature is integral to our lives
- * Autistic and minority communities are able to thrive and realise their potentials
- * Key action: Rewilding our environment and ourselves
 - * Healing derived from nature